

Speakers

Baseball

Ryan Goodwin – Baker University, Baldwin City
"Baker Baseball"

Ryan Schmidt – Hutchinson Community College
"Developing Team Culture"
"Hitting Concepts"

Rick Chrisman – Sedan High School
"The Reason(s) We Coach!"

Kyle Green – Oxford High School
"Developing a Small School Program: Culture, Pitching and Practice"

Weston Steiner – Riley County High School, Riley

Basketball

Keitha Adams – Wichita State University
"Shocker Basketball"
"Practice Drills – Fun, Challenging & Goal Oriented"

Kim Anderson – Pittsburg State University
"Practice Planning and Drills"
"Pitt State Secondary Offense"

Tracy Anderson – Augusta High School
"Coaching Concepts/Techniques for the Non-DI & II Athletes"

Lee Baldwin – Cheney High School
"1-3-1 Defense vs. Any Offensive Scheme"

Ann Fritz – Blue Valley North High School, Overland Park
"Building a Winning Culture"

Ed Fritz – Blue Valley Northwest High School, Overland Park
"Huskie Basketball"

Mike Hevel – Waverly High School
"Basketball Hodge-Podge: Different Drills"

Kurt Kinnamon – McPherson High School
"Quick Hitters and Sets vs. Man or Zone"

Jayne Law – Washburn Rural Middle School, Topeka
"The First-Year Coach – and Middle School Sports"

Rick Zych – Bishop Miege High School, Shawnee Mission
"Offensive Sets to Win Games"

Officials Panel – John Dehan, Olathe; Jeff Freeman, Topeka; Cody Stucky, Wichita
"What NOT to Say, Communicating with Officials"

Cheer

Jennifer Sword, Varsity Spirit
"2018 KSHSAA Game Day Spirit Showcase Competition Education and Training"

Jason Sack, UCA
"Safety and Stunting"

Holly Schaffner, NCA
"Music Copyrights for Spirit"

6A Michele Wirt, Blue Valley High School
5A Morgan Whitney, Shawnee Heights High School
4A Lina Needham, Osawatomie High School
3A Ashley Oliver, Cheney High School
2A Kristi Bittel, Ellis High School
1A AJ Prusa, Coldwater-South Central High School
"Coaches Panel: 2017 Game Day Championship Winning Head Coaches"

Cross Country

Alstin Benton – University of Saint Mary, Leavenworth
"Function Training for Endurance Athletes"
"Building a Championship XC Culture"

Levi Huseman – Olathe North High School
"Cross Country and the Distance Athlete"

Football

Nate Dreiling – Pittsburg State University
"How to Teach Cover 1 and Tackling Techniques"

Kendall Gammon – Kansas City Chiefs, Kansas City, MO
"Techniques of Long Snapping"
"High School in Kansas, College, NFL, Broadcaster, Motivational Speaker"

Josh Lattimer – Pittsburg State University
"Defensive Line and Linebacker Drills and Techniques"

Sean Blosser – Caldwell High School
"Building our Program"

Dustin Heuer – Marysville High School
"Preparing to Win: A Year-Round Approach to be Great at Everything"

Neil Philpot – Girard High School
"Coaching the High School Quarterback"

Beau Sarwinski – Galena High School
"Organization, Time Management and Motivation"

Lee Smith – Central Christian High School, Hutchinson
"In the Trenches: Offensive Line Technique and Schemes"

Mark Smith – Frontenac High School
"Frontenac Offensive Philosophy"

Rod Stallbaumer – Basehor-Linwood High School, Basehor
"Quarterback Development and the Quick Passing Game"

Keith Wiatrak – St. Paul High School
"Rebuilding Tradition"

Golf

Greg Hobelmann – Smith Center High School
"KCA Update"

Josh Nahm – Firekeeper Golf Academy, Mayetta

Wendy Oyler – Caney Valley High School, Caney
"Developing Golfers – From Beginners to Champions"

Michael Petermann – Wamego High School
"Building a Program in the 21st Century"

Softball

Adrian Pilkington – Fort Hays State University
"Offensive Drills"
"Defensive Drills"

Corey Jones - Valley Center High School
"Today's Student Athlete"

Brian Potter – Chase County High School, Cottonwood Falls
"Creating a Winning Program with Unconventional Thinking"

Cody Stucky – Northwest High School, Wichita
"Emphasizing Base Running in Practice"

Dave Watkins - Burlington High School
"Ladycat Hitting Approach"

Jeri Brummett – Kansas Softball Coaches Association
Annual Meeting

Sports Medicine/Athletic Training

John Burns, MS, LAT, ATC and Karen Garrison, MS, ATC, LAT – Washburn University, Topeka
"ACL Prevention Program"

Michael J. Flynn, MS, ATC, LAT – Kansas Orthopedics & Sports Medicine, Topeka
"Nutrition for the High School Athlete"

Michael Longhofer, MS, LAT, ATC – Cotton O'Neil Orthopedics & Sports Medicine, Topeka
"Hip Injuries in the Adolescent Athlete"

ReBecca McConville, RD, LD, CSSD, Sports Nutrition Specialist – Lenexa
"Performance Nutrition"
"Dealing with Eating Disorders"

Sport Psychology:

KCA Executive Officers

"Social Media & Coaching"

"First Year Coaches: What You Need to Know"

Scott Thompson, Director, Coaches vs. Cancer – Tulson, AZ
"Coaches vs. Cancer"

Anne Weese, Director of Mental Wellness & Sport Psychology – Kansas State University, Manhattan
"Improving Sports Performance"

Strength & Conditioning:

Zach Margolis, Strength & Conditioning Coordinator – Wichita State University
"Teaching Movement Skills"

Neil Philpot – Girard High School
"High School Weight Training"

Tennis

Ilija Cuic, Club Director of Tennis - IC Tennis Club, Wichita
"High Performance Tennis Drills & Specific Tennis Conditioning"
"Growing Tennis through Camps & Teaching a Beginner"

Bob Warkentine – Kansas Wesleyan University, Salina
"Tennis Drills That Work"
"Volleys and Doubles and Overheads"

Aaron O'Donnell – Arkansas City High School – KCA Tennis Representative
KCA Tennis Business Meeting and Review of New Online Record Program

Track and Field

Garrett Appier – USA Track and Field, Pittsburg
"Shot Put Technique and Drills, Plus a Throws Discussion"

Ty Haas – Fort Hays State University
"Vertical Jumps"

Jason McCullough – Fort Hays State University
"Training for the Middle Distance"

Ben Santos – Fort Hays State University
"Hurdle Training"

Deone Horinek – Rawlins County High School, Atwood
"Teaching/Coaching the Javelin"

Mallory Huseman – Blue Vally West High School, Overland Park

Phil Katzenmeier – Eudora High School
"Teaching Hurdle Technique"

Courtney Porter – Shawnee Mission West High School
"Creating a Culture around the 400m"

Tad Remsberg – Newton High School
"Building a Quality Track Program"

Nicholas Stillwell – Atchison High School

Cory Swords – Bishop Carroll High School, Wichita
"Using Team Norms and Core Values to Form the Leaders and Culture of a Team"

Keith Wetzel – Washburn Rural High School, Topeka
"Team Blues – WRHS Student-Athlete Mentoring Program"

Volleyball

Suzi Fritz – Kansas State University, Manhattan

Christi Posey – University of Missouri-Kansas City
"Developing Warriors"

"Getting the Most Out of Practice"

Vicki Adams – Frankfort High School

Jessica Compliment – Louisburg High School
"Developing an Effective Practice Schedule"

Natausha Dreher – Thomas More Prep-Marian High School, Hays
"Effective Communication Strategies and Tools"

Randy Fulton – Kiowa County High School, Greensburg
"Volleyball 101"

Annie Hart – St. Benedict Catholic School, Atchison
"Volleyball: Mindfulness, Motivation and Mercy"

Jessica Koch – Nemaha Central High School, Seneca – KCA Volleyball Representative
Jessica will preside over the KCA meeting, an opportunity for coach input on topics.

Volleyball Officials & KSHSAA Volleyball Area Supervisors – Dave Dover, Lenexa; Terry Plumberg, Seneca; Barb Williamson, Topeka
"Misunderstood Rules & Frequently Asked Questions"

Wrestling

Nick Nothern – Neosho County Community College, Chanute
"Coaching for College"

Kevin Brown – Wamego High School
"Counter Offense from the Neutral Position – Head, Hands, Hips, Tricks"

Regan Erickson – Santa Fe Trail High School, Carbondale
"Do the Little Things: Favorite Drills, Live Variations and Conditioning Activities"

Conor Fitzgerald – Olathe South High School
"Tend the Root – Not the Fruit"

Chad Parks – Shawnee Heights High School, Tecumseh
"Principles of Scrambling and Tricks of the Trade"